

Malyarchuk N. N.

**ACTUAL WAYS FOR OVERCOMING THE FACTORS
ADVERSELY AFFECTING THE CHILDREN AND
ADOLESCENTS' HEALTH IN EDUCATIONAL
INSTITUTIONS**

Abstract. The paper analyzes a widely discussed problem of the negative health dynamics of the growing generation, and points out the necessity of complex consideration of all the factors adversely affecting children's health.

The special emphasis is on the following harmful factors: intensification of training process; discrepancy between the applied training methods and techniques on the one side, and children's age, sex and functional specifics and capabilities on the other side; shortcomings in organizing children's physical activities; limitations of the expositive illustrative methods for developing the healthy lifestyle habits.

The other group of factors is related to the teaching style and professional characteristics of the teachers. They include the common practice of «stress» tactics; incompetence in health saving technologies; personal indisposition and psychological drawbacks. The situation is exacerbated by the absence of psychologists and pediatricians in educational institutions.

The multilevel approach to solving the problems of students' health preservation and promotion involves the elicitation of objective, subjective, in-school and out-of-school health determining factors. The paper denotes the actual ways of children's health preservation at the level of related ministries, departments, and educational institutions.

Keywords: students' health, school risk factors, health preservation.

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